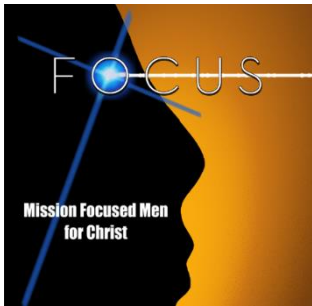


A tool to help men be self-motivated Christ-followers And strong spiritual leaders in their homes



25-Minute FREE Weekly Podcast to

EQUIP men to better understand from Scripture what their mission is
ENCOURAGE men because we fail so much
ENERGIZE men because our spiritual tank is often on “E”
EMPOWER men to stay focused on honoring Christ with their lives

“I’m so excited about this new podcast because listening to podcasts is the way my generation gets all its information,” 24-yr-old passionate Christ-follower

The *Mission Focused Men for Christ* discipleship material was developed over 25 years in Gary Yagel’s life, taught to Marine Corps officers at Quantico through Officers Christian Fellowship, and shared in seminar form at the Presbyterian Church in America General Assembly and with thousands of Bible-believing men across the country. It is *biblically based, grace-centered, kingdom-focused, application-oriented,* and *encouragement-driven*. Best of all, it fits into men’s busy lives because it is right on their phones.

Dr. Gary Yagel is a former PCA church planter and senior pastor, the Executive Director of **Forging Bonds of Brotherhood** men’s ministry. He served with Man in the Mirror staff as a presenter of the *No Man Left Behind* seminar and over 10 years as his denomination’s Men’s Ministry Consultant. He is the author of *Got Your Back*, as well as *Anchoring Your Child to God’s Truth in a Gender-Confused Culture* (available at Amazon) and has taught his seminary course, *Making Missional Disciples* as a guest professor at RTS DC.

The *Mission Focused Men for Christ* free, weekly podcast is available through these podcast directories: Apple Podcasts, Spotify, Stitcher, iHeartRadio, Google Podcasts. You can also listen to it at Gary’s website: forgingbonds.org.

PODCAST SERIES ON ISSUES THAT MATTER TO MEN

(You can listen to any message using title and date on our website forgingbonds.org.)

How to Stay Focused on Christ’s Mission for Us

- *The Right Mission Energizes Men* Season 1 Episode #2 11/17/19
- *How Jesus Coped With a Crazy Busy Life* Season 1 Episode #3 11/24/19
- *Called to Godly Manhood in a Gender-Confused Culture* Season 1 Episode #4 12/1/19
- *Our Mission Matters Because of Who is Sending Us* Season 1 Episode #5 12/8/19
- *Better Understanding Our Mission By Better Understanding Our Master* S1 E #6 2/15/19
- *W/O Understanding Christ’s Kingdom, You Can’t Understand Your Mission* E #7 12/22/19

Ruling Over Our Sexuality For God’s Glory

- *Understanding Our Sex Drive Helps Us Fight for Purity* Season 1 Episode #12 1/26/20
- *Sharpening Our Understanding of Sin’s Corruption of Sex* S1 Episode #13 2/2/20
- *Directing Our Heart Passions to Defeat Lust* Season 1 Episode #14 2/9/20
- *Protecting Our Heart From the Enticement of Sexual Sin* Season 1 Episode #15 2/16/20

Becoming Great Dads Who Discipline Their Kids Well

- *Fatherhood Is Irreplaceable in God's Design of Humans* Season 1 Episode #32 6/14/20
- *Responding to the Argument that the Bible Teaches Patriarchy* S1 Episode #33 6/21/20
- *The Right Use of Authority to Punish Evil* Season 1 Episode #34 6/28/20
- *Kids Don't Have It In them to Grow THEMSELVES Up* Season 1 Episode #35 7/5/20
- *Raising Kids Up in the Way They Should Go* Season 1 Episode #36 7/12/20

Making a Difference for Christ in the Workplace

- *Understanding Christ's Call to the Workplace Adds Meaning to Work* S1 E #16 2/23/20
- *Overcoming the Impact of the Fall Upon Our Work* Season 1 Episode #17 3/1/20
- *Maximizing Your Influence For Christ With Your Coworkers* Season 1 Episode #18 3/8/22

Becoming More Like Jesus: Beatitudes 1-6 (so far)

- *1st: The Foundational Requirement for Kingdom Living* Season 1 Episode #8 12/29/19
- *2nd Cultivating a Heart Like Jesus Had* Season 1 Episode #9 1/5/20
- *3rd Meekness: A Widely Misunderstood Requirement of Christ-followers* S1 E #10 1/12/20
- *4th The Right Kind of Ambition* Season 1 Episode #11 1/19/20
- *5th Show the World Jesus by Exhibiting Mercy* **Season 2** Episode #3 11/22/20
- *6th Heart Transformed Living—The Pure in Heart* **Season 2** Episode #4 11/29/20

Capturing Men's Hearts With the Greatness of Our Mission

- *Palm Sunday Clarifies Our Mission* Season 1 Episode #22 4/5/20
- *What the Resurrection Means for Our Everyday Lives* Season 1 Episode #23 4/12/20

Helping Our Daughters Flourish

- *Required Today for Raising Godly, Confident, Daughters* Season 1 Episode #26 5/3/20
- *The Harm of OVERVALUING or UNDERVALUING Motherhood* S1 Episode #27 5/10/20
- *Two Requirements of Dads for Daughters to Flourish* Season 1 Episode #28 5/17/20

Treasuring Christ More So We Love Sin Less

- *Loving the God of Majesty Who Rules Over the Corona Virus* S1 Episode #20 3/22/20
- *Christ's Compassion: Godly Men Need It and Demonstrate It* S1 Episode #21 3/29/20
- *Coming Alive to God's Jealous Love for Us* Season 1 Episode #30 5/31/20
- *Why Enjoying God Is So Important and How to Do It* Season 1 Episode #40 8/9/20

How Your Leadership Can Have Impact—At Home & Elsewhere

- *Leading So We Impact Others For Christ* S1 Episode #37 7/19/20
- *Maximizing Our Impact In Leading Others* S1 Episode #38 7/25/20
- *The Most Neglected Step of Leadership* S1 Episode #39 8/2/20



Examining God's Design of the Heart Passions That Drive Men

- *The Hunger of the Masculine Heart for Approval: **A King to Honor*** S1 E #41 8/16/20
- *The Hunger of the Masculine Heart for Impact: **A Sphere to Impact*** S1 E #42 8/23/20
- *Called to Be Fierce Protectors and Warriors: **A Battle to Fight*** S1 Episode #43 8/30/20
- *God's Design for Fulfilling Romance: **A Beauty to Love*** S1 Episode # 44 9/6/20
- *Building a Strategic Friendship: **A Brother to Labor and Fight Beside*** S1 E #45 9/13/20
- *A Hunger for Impact that Outlives Them: **A Heritage to Pass On*** S1 E #46 9/20/20
- *How Christians **Should Not** and **Should** Respond to Toxic Masculinity* S1 E #47 9/27/20

Surrounding Our Loved Ones With the Belt of Truth

- *Kids and the SCIENCE DISPROVES GOD Argument* Season 1 Episode #48 10/4/20
- *Answering HOW COULD A GOOD GOD ALLOW SUFFERING?* S1 Episode #49 10/11/20
- *Answering THERE CAN'T BE JUST ONE TRUE RELIGION* Season 1 Episode #50 10/18/20
- *Answering YOU CAN'T TAKE THE BIBLE LITERALLY* Season 1 Episode #51 10/25/20
- *Shaping Culture In a World That Jesus Said Hates You* Season 1 Episode #52 11/1/20

(SEASON TWO SERIES)

Christ's Compelling Mission for Us

- *Discipleship that Ignites The Heart* Season 2 Episode #1 11/8/20
- *Finding the Spiritual Energy for Our Mission* Season 2 Episode #2 11/15/20
- *Show the World Jesus by Exhibiting Mercy* Season 2 Episode #3 11/22/20
- *Heart Transformed Living—The Pure in Heart* Season 2 Episode #4 11/29/20

Lessons for Men from the Arrival of the Messiah

- *The Christmas Story Clarifies Our Mission* Season 2 Episode #5 12/6/20
- *Leadership Lesson's from Jesus' Dad* Season 2 Episode #6 12/13/20
- *How Jesus' Incarnation Generates Passion for Our Mission* Season 2 Episode #7 12/20/20
- *Honoring Christ More Than Ever in 2021* Season 2 Episode #8

Winning Spiritual Battles Because We Use Our Spiritual Weapons

- *Using the Spiritual Weapon Satan Most Fears* Season 2 Episode #9 1/3/21
- *How Jesus Wants Us to Fight Through Prayer* Season 2 Episode #10 1/10/21
- *Knowing How NOT to Promote Biblical Truth* Season 2 Episode #11 1/17/21
- *Understanding the Breastplate of Righteousness* Season 2 Episode #12 1/24/21
- *Myths That Make Us Fear Sharing Our Faith* Season 2 Episode #13 1/31/21
- *Becoming More Contagious Christians* Season 2 Episode #14 2/6/21

Valentine's Day Podcast *Tool to Improve Marriage Intimacy* Season 2 Episode #15 2/13/21

Winning Spiritual Battles Because We Use Our Spiritual Weapons (cont'd)

- *Protecting Ourselves from Satan's Fiery Darts* Season 2 Episode #16 2/21/21
- *How the Helmet of Salvation Protects Us in Spiritual Battle* Season 2 Episode #17 2/28/21
- *Using the Sword of the Spirit to Stay on the Path of Life* Season 2 Episode #18 3/7/21
- *Why Prayer Releases Spiritual Power* Season 2 Episode #19 3/14/21
- *Studying How Lust Defeated David* Season 2 Episode #20 3/21/21
- *Serving King Jesus is Awesome* Season 2 Episode #21 3/28/21

Anchoring Our Kids to Biblical Truth About Gender

- *Christian Men, The Equality Act & the Resurrection* Season 2 Episode #22 4/4/21
- *Wisely Protecting Your Child from Gender Confusion* Season 2 Episode #23 4/11/21
- *2 Requirements for Steering Teens Towards Godly Sexuality* Season 2 Ep #24 4/18/21
- *Help Loved Ones Celebrate God's Design of Male & Female* Season 2 Episode #25 4/25/21
- *Guide Your Teen to Embrace a Biblical Sexual Identity* Season 2 Episode #26 5/2/21

Igniting Fire for Our Mission In a Disheartening World

- *Reigniting Fire for Our Mission From Christ* Season 2 Episode #27 5/9/21
- *Obstacles to Walking Closely With Christ* Season 2 Episode #28 5/16/21
- *Getting Stronger with Jesus' Strength (Corrected Version)* Season 2 Episode #30 5/23/21
- *Why Adam's Calling to Subdue the Earth Matters* Season 2 Episode #31 5/30/21

Lord, Help Me Be a Great Dad

- *Great Dads Know the Power of Words* Season 2 Episode #32 6/6/2021
- *Great Dads Love Through Firm, Compassionate Discipline* S 2 Episode #33 6/13/21
- *Great Dads Build Their Relationship With Their Kids* Season 2 Episode #34 6/20/21
- *Great Dads Equip Their Kids w/ a Biblical Worldview of Porn* S 2 Episode #35 6/27/21

Fresh Inspiration for Loving Jesus and Becoming Like Him

- *Quiet Strength that Trusts God* Season 2 Episode #36 7/4/21
- *Becoming the Kind of Warrior Jesus Was* Season 2 Episode # 37 7/11/21

Helping Our Loved Ones Flourish Using Their Spiritual Gifts

- *Scripture We Must Understand to Help Our Loved Ones Flourish* S 2 E #38 7/18/21
- *How Spiritual Gifts Motivate Those Under Our Care* S 2 Episode #39 7/25/21
- *Changing the World By Releasing Spiritual Gifts* S 2 Episode #40 8/1/21
- *What Spiritual Gifts Teach Us About Relationships* S 2 Episode #41 8/8/21

Shaping Life By Christ's Priorities

- *Staying Focused on What's Important This Fall* S 2 Episode #42 8/15/21
- *How Jesus Stayed Focused on His Mission* S 2 Episode #43 8/22/21
- *A Costly Investment that Pays Great Dividends* S 2 Episode #44 8/29/21

Guiding Our Loved Ones into a Biblical Worldview

- *Corrected: How Christians Are Squeezed Into the Culture's Mold* S2 Ep #46 9/7/21
- *Helping Our Kids Understand Worldview Matters* S2 Episode #47 9/12/21
- *Why Science Doesn't Undermine Faith* S2 Episode #48 9/19/21
- *Why Christians Don't Impact Culture* Season 2 Episode #49 9/26/21
- *How the SCIENCE IS THE ONLY ARBITER OF TRUTH View Fails* S2 E #50 10/3/21
- *Answering the GENDER IS A SOCIAL CONSTRUCT Argument* S2 E #51 10/10/21
- *Manhood As It Was Designed to Be* S2 E #52 10/17/21
- *Raising Fearlessly Feminine Girls* S2 E #53 10/24/21
- *Responding to Our Culture's Devaluing of Marriage* S2 E #54 10/31/21
- *The Loudoun County Bathroom Incident From a Biblical Worldview* S2 E #55 11/6/21
- *Believing Satan Exists Makes Sense* S2 E #56 11/13/21.

A Closer Walk with Jesus

- *A Practice That Turns our Heart to Christ* S2 E #57 11/20/21
- *A Prerequisite for Drawing Near to God* S2 E #58 11/27/21
- *What Jesus' Unanswered Prayer Teaches Us* S2 E #59 12/5/21
- *Our Mission to Enjoy God* S2 E #60 12/12/21

Christmas 2021 *Mary—A Woman Who Understood Her Gender Identity* S2 E #61 12/19/21

(SEASON THREE SERIES)

Becoming Like David's Men of Valor "Who Understand Their Times"

- *Staying Spiritually Focused & Energized in 2022* S3 E #1 12/26/21
- *Winsomely Arguing for Life* S3 #2 1/2/22
- *A Biblical Understanding of Critical Race Theory* S3 E #3 1/9/22
- *Thinking Biblically About Tolerance* S3 E #4 1/16/22
- *Thinking Biblically About Poverty* S3 E #5 1/23/22
- *Thinking Biblically About Socialism* S3 E #6 1/30/22

Understanding and Meeting the Needs of a Wife's Heart

- *Peter Says Wives Need Emotional Intimacy* S3 E #7 2/6/22
- *Biblical Insight for Romancing Your Wife* S3 E #8 2/13/22
- *Her Heart-Driven Hunger for a Spiritual Leader* S3 E #9 2/20/22
- *Building Your Wife's Self-Esteem* S3 E #10 2/27/22

Our Mission to Be Like Our Master—8 Foundational Kingdom Attitudes

- *Jesus' Challenge—Become Like Me* S3 E #11 3/6/22
- *Give Up Your Small Ambitions* S3 E #12 3/13/22
- *Seeking the Right Kind of Greatness* S3 E #13 3/20/22
- *Godly Men Stand for What is Right* S3 E #14 3/27/22

Worthy of Our Allegiance

- *A King Worthy of Peter's Allegiance* S3 E #15 4/3/22
- *Understanding the Kingdom We Are to Seek* S3 E #16 4/10/22
- *A Headline That Changed the World* S3 E #17 4/17/22
- *Satan's Strategy to Make Us Traitors* S3 E #18 4/24/22

Gloriously Feminine

- *Gloriously Feminine* S3 E #19 5/1/22
- *Parent's Day Instead of Mother's Day?* S3 E #20 5/8/22
- *Daughters Who Reject Their Feminine Body* S3 E #21 5/15/22
- *The Anguish of Girls With Rapid-Onset Gender Dysphoria* S3 E #22 5/22/22
- *How to Stop Radical Gender Ideology's Influence* S3 E #23 5/29/22

Loving Our Kids with the Fatherly Love of God

- *Loving Our Kids with the Fatherly Love of God* S3 E #24 6/5/22
- *Fatherly Love Protects a Child from HIMSELF* S3 E #25 6/12/22
- *Fatherly Love Teaches a Child the Way She Should Go* S3 E #26 6/19/22
- *Fatherly Love Knows How to Motivate Kids* S3 E #27 6/26/22

Understanding the Masculine Passions that Drive Us

- *A Man's Powerful Need for Approval: A KING to HONOR* S3 E #28 7/3/22
- *Don't Waste Your Life: A SHPERE OF LIFE to IMPACT* S3 E #29 7/10/22
- *Re-Energized for Today's Spiritual Battle: A BATTLE to FIGHT* S3 E #30 7/17/22
- *A Sexual Partner to Love Well: A BEAUTY to LOVE* S3 E #31 7/24/22

- *Failure: The Cost of Fighting Alone: A BROTHER TO FIGHT BESIDE* S3 #32 7/31/22
- *Your Fathering Legacy: A HERITAGE to PASS ON* S3 E #33 8/7/22

Five Disciplines That Shape a Godly Life

- *Two Habits That Shape a Godly Man* S3 E #34 8/14/22
- *A Third Powerful Habit That Shapes Godly Men* S3 E #35 8/21/22
- *A Habit of Jesus We Often Miss* S3 E #36 8/28/22
- *A Habit By Which Jesus Loved Others* S3 E #37 9/4/22

Protecting Our Families from Enticing but False Worldviews

- *Preventing the Social Media from Catechizing our Kids* S3 E #38 9/11/22
- *Science Has Disproved Christianity* S3 E #39 9/18/22
- *Evidence Proves the Bible is NOT God's Word* S3 E #40 9/25/22
- *There Can't Be Just One True Religion* S3 E #41 10/2/22
- *The Modern Exaltation of THE SELF* S3 E #42 10/9/22
- *Modern Views of Sex Are More Enlightened Than the Bible* S3 E #43 10/16/22
- *Abortion is a Woman's Health Care Right* S3 E #44 10/23/22
- *Capitalism Should Be Opposed Since It is Based on Greed* S3 E #45 10/30/22
- *Progressive Christianity is Deceiving Our Kids* S3 E #46 11/6/22
- *We Should Embrace Critical Race Theory to Stop Oppression* S3 #47 11/13/22
- *Thinking Biblically About Our Cities* S3 E #48 11/20/22

Loving Jesus More Because I know Him Better

- *Why It Matters that Jesus is the WONDERFUL COUNSELOR* S3 E #49 11/27/22
- *Why We Need a Messiah Who is the MIGHTY GOD* S3 E #50 12/4/22
- *Why It Matters that Jesus is the EVERLASTING FATHER* S3 E #51 12/11/22
- *Why It Matters that Jesus is the PRINCE OF PEACE* S3 E #52 12/18/22
- *The Incarnation and Our Mission as Men* S3 E #53 12/25/22

SEASON FOUR SERIES

Don't Waste Your Life: Rule It for Jesus

- *Overcoming a Disordered Life to Stay Focused on Honoring Jesus* S4 E #1 1/1/23
- *Better Connecting Our Everyday Lives to Our Mission* S4 E #2 1/8/23
- *Is Your View of Christ's Mission for You Fuzzy?* S4 E #3 1/15/23
- *Prayer That Accomplishes Your Mission* S4 E #4 1/22/23
- *A Time to Work and a Time to Rest* S4 E #5 1/29/23

Reconstructing Manhood & Womanhood In Culture Where They Are Broken

- *The Origin of Gender Theory Which Fractures Personhood* S4 E #6 2/5/23
- *Overcoming a Breakdown in Marriage Intimacy* S4 E #7 2/12/23
- *Kids Who Are Confident in Their Created Gender Identity* S4 E #8 2/19/23
- *Winsomely Promoting the Truth That Gender is Binary* S4 E #9 2/26/23

The Challenges Men Face

- *What Is Spiritual Leadership at Home?* S4 E #10 3/5/23
- *Leading Our Homes Well* S4 E #11 3/12/23
- *Battling Destructive Anger* S4 E #12 3/19/23
- *Overcoming Discouragement* S4 #13 3/26/23

Building the Mental Toughness of Jesus (The Fruit of the Spirit)

- *Men Wanted for Tough Assignment (Love)* S4 E #14 4/2/23
- *Spirit-Produced Joy in a Culture That Produced Nashville (Joy & Peace)* S4 E #15 4/9/23
(Note: *Patience & Kindness* are characteristics of Love and covered in E #14 above)
- *Needed: A Few GOOD MEN (Goodness & Faithfulness)* S4 E #16 4/16/23
- *The Last of the Human Freedoms (Meekness & Self-Control)* S4 E #17 4/23/23
- *Nothing You Desire Can Compare with Her (Wisdom)* S4 E #18 4/30/23

Thinking Biblically About Money Greed and Economic Justice.

- *Recovering the Lost Biblical Doctrine of Work* S4 E #19 5/7/23
- *Should Christians Pursue Economic Equality?* S4 E #20 5/14/23
- *Thinking Biblically About the Poor* S4 E #21 5/21/23
- *Money Management and Our Hearts* S4 E #22 5/28/23

How God Uses Imperfect Fathers to Impact Their Kid's Lives

- *Stop Fatherhood from BEING CANCELED* S4 E #23 6/4/23
- *Step One in Our Parenting Plan* S4 E #24 6/11/23
- *How to Fill Our Kids' Tanks With Fatherly Love* S4 E #25 6/18/23
- *Building a Plan for Training Your Child* S4 E #26 6/25/23

Meeting the Worldview Challenges in a Broken Culture

- *Kids & the SCIENCE DISPROVES GOD Argument* S4 E #27 7/2/2023
- *HOW COULD A GOOD GOD ALLOW SUFFERING?* S4 E #28 7/9/2023
- *THERE CAN'T BE JUST ONE TRUE RELIGION* S4 E #29 7/16/2023
- *Answering BIBLICAL TEACHING IS CULTURALLY DETERMINED* S4 E #30 7/23/2023
- *Why Fight for Truth in a World that Hates IT and US* S4 E #31 7/30/2023
- *God's TOXIC MASCULINITY Reclamation Plan* S4 E #32 8/6/2023
- *Seven Steps to Protect Our Kids from Gender Confusion* S4 E #33 8/13/23
- *Two Requirements for Helping Teens Resist GENDER THEORY* S4 E #34 8/20/23
- *Understanding Progressive Christianity—Imposter Capturing Our Kids* S4 E #35 8/27/23

Shaping Our Lives to Be Focused and Effective for the Master

- *Shaping Day-By-Day Life to Seek First the Kingdom* S4 E #36 S4 E #36 9/3/23
- *What Jesus Said We Are to Pursue* S4 E #37 9/10/23
- *Living Out of OUR CALLING Instead of DRIVENNESS* S4 #38 9/17/23
- *Defeating the Kingdom of Darkness* S4 E #39 9/24/23

The Battles Men Fight

- *How Lust Defeated David* S4 E #40 10/1/23

- *Battling a Lie that Causes Rebellion* S4 E #41 10/8/23
- *Overcoming SELFISHNESS to Love Others Well* S4 E #42 10/15/23
- *What Hamas' Atrocities Teach Us About Worldview* S4 #43 10/22/23
- *Wanted—Men Who Will Fight to Protect Children* S4 #44 10/29/23

Men Who Are Tough on the Inside

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